



Ease the burn

While the daily shave is a necessary grooming routine for most men, it can be the cause of much irritation, redness and ingrown hairs. To avoid these problems, you need to invest in products that treat them specifically.

If your razor or shaver leaves a trail of red, raw, skin in its wake, try Vichy Homme Hydra Mag C, R199. In tests, Vichy labs found that the calcium in the formulation actually lowers the skin temperature by two degrees in seconds, helping to ease that hot, irritated feeling. Other ingredients form a protective layer on the skin, helping to boost the skin's natural recovery process. The product is available from selected pharmacies.

The curlier your facial hairs, the more likely you are to develop painful, unsightly ingrown hairs. To help to prevent them, try Fino Soothe Aftershave Balm, R65. The formulation gently soothes post-shaving and contains ingredients that exfoliate, giving hairs a better chance of growing upwards instead of back into the skin. Available from Dis-Chem. Visit www.finocosmetics.co.za for more information.